

Dr Bhimrao Ambedkar University, Agra is observing "International Day of Yoga (IDY) 2020" on 21st June 2020 in the morning 07:00 am .

Kindly register yourself through the following

link:<https://attendee.gotowebinar.com/register/3124204423861185038>

It will be highly appreciated if all the academic and non academic staff and students join and make this day a memorable one.

Thanks and Regards

Prof. B S Sharma

Program Coordinator

IDY 2020



International Day of Yoga (IDY) 2020

Organised by:

Dr Bhimrao Ambedkar University, Agra



Prof Ashok Mittal
Hon'ble Vice Chancellor

Date: **21st June 2020**

Time: **07:00 am**



Dr Raj Kumar Sharma
Yoga Expert

Registration Link : <https://attendee.gotowebinar.com/register/3124204423861185038>



Prof B S Sharma
Program Coordinator



Prof V K Saraswat
Convenor Tech Support



Prof Brijesh Rawat
Dean Student Welfare

Creating Awareness
Reminding the benefits of yoga
Highlighting importance & contribution to public health
Improving immunity & physical health

**The light within me
honors the light within you**